



**DISCOVERY** *Adventures*  
in a nurturing, safe, natural environment for children.

ABN: 37 547 117 364

## **Outcome Based Catch-All Camp Program**

### **Purpose**

Our unique program has been developed with activities that are supported to build the individuals self esteem, independence, confidence and relieve anxiety in social settings. Children also work in teams to improve peer relational & general social skills.

### **Capacity Building**

Being an 'Aussie Kids Adventure Camps' camper requires children to step outside their comfort zone and test the waters of the outside world. Although under supervision and supported, once on camp children are required to manage their own belongings and daily hygiene tasks, organise themselves appropriately for day to day activities, engage in group activities and contribute positively to other campers experience as well as their own.

Camp culture is based around safety, inclusion, teamwork, patience, resilience, respect, tolerance and compassion. These core values are built into daily life on camp and appropriate behavior and boundaries are communicated in a mentoring style.

Children are not micro disciplined or managed through obedience, more so supported and encouraged to be themselves, quirks and all and valued for their contribution however that looks.

Bonding with peers and overcoming anxiety associated with new situations and people is a major outcome of camp. With so many children supported by the NDIS finding it hard to make and maintain genuine friendships, camp offers a safe and supportive opportunity for children to form strong bonds with other campers through shared experiences.

As our campers become regulars on camp and build rapport with camp leaders they expand on their bravery, contribution and independence. Areas where this is most prominent is during adventure activities, at bedtime and via support and encouragement of new campers.

Activities and camp life expose campers to a range of sensory experiences, increasing connection with the natural environment and peers. Sharing personal space in cabins, on the bus and during mealtimes all increases tolerance, respect and resilience.

Devices are not encouraged on camp although if required for assisting with a behavioral plan for example they can be held by staff. Once on camp children never talk or mention devices or gaming, as they become so engrossed in the camp atmosphere and the surrounding environments. Connecting with camp leaders and their peers increases general wellbeing and offers a connection not found on a device.

Since the development of the program we have witnessed unprecedented success in offering children a safe space to grow and increase social and community participation.

For further information regarding the Aussie Kids Adventure Camps 'Catch –All' Weekend Camps program call: 0422 085 635 or email: [aussiekidsadventurecamps@gmail.com](mailto:aussiekidsadventurecamps@gmail.com)

Kind Regards

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[NDIS-Approved "Catch-All-Camps" Webpage](#)

