



Aussie Kids Adventure Camps

A COVID-19 MANAGEMENT PLAN
FOR GROUP BASED OUTDOOR ACTIVITIES & RESPITE CAMP

Used in conjunction with the OUTDOOR COUNCIL OF AUSTRALIA (OCA) FRAMEWORK FOR
REBOOTING OUTDOOR ACTIVITIES IN A COVID-19 ENVIRONMENT

Particulars	Response
<p data-bbox="394 403 591 440">Organisation</p> <p data-bbox="219 539 766 576">Authorised person completing plan</p>	<p data-bbox="1189 403 1648 440">Aussie Kids Adventure Camps</p> <p data-bbox="943 445 1899 481">Outdoor Adventure Camp for children with disabilities and/or trauma</p> <p data-bbox="1305 555 1536 592">Tamara Griffiths</p>
<p data-bbox="300 632 685 668">Summary of service type</p>	<p data-bbox="1238 632 1603 668">Outdoor Adventure Camp</p> <p data-bbox="882 673 1957 710">Outdoors NSW & the NDIS are the two peak bodies that govern this service.</p> <p data-bbox="819 715 2024 783">Catch-All camp: an overnight weekend camp, undertaking outdoor physical activities for children with disabilities.</p> <p data-bbox="819 788 2024 857">School holiday Tour camp: five-day, four-night camp touring in Australia. Exploring, undertaking outdoor activities via contractors and travelling.</p> <p data-bbox="819 861 2024 930">Modifications made during the initial return to camp will be limiting time spent with the public.</p>
<p data-bbox="371 970 613 1007">Site Description</p>	<p data-bbox="909 970 1935 1007">We operate at multiple sites that all have COVID-19 Management plans.</p> <p data-bbox="1099 1011 1742 1048">There will be only one group at a time on site.</p> <p data-bbox="824 1051 2018 1120">We will operate some activities on public spaces such as National Parks and council parks.</p>
<p data-bbox="353 1121 631 1158">Activity provision</p>	<p data-bbox="931 1121 1912 1158">Aussie Kids Adventure Camps will continue to offer multiple activities.</p> <p data-bbox="808 1163 2036 1232">Horse riding, kayaking, canoeing, stand up paddle boarding and surfing – which will be provided by qualified contractors.</p> <p data-bbox="864 1236 1980 1305">Hiking, sports, team games, campsite canoeing/kayaking, tennis, craft - will be provided by Aussie Kids Adventure Camps.</p>
<p data-bbox="371 1329 613 1366">User/consumer</p> <p data-bbox="271 1370 714 1458">Summary and method to log participants</p>	<p data-bbox="819 1329 2024 1398">Children and young persons up to the age of 18, with a disability or trauma history If someone presents with flu like symptoms, they will not be permitted to attend camp.</p> <p data-bbox="819 1402 2024 1506">If during camp they develop flu like symptoms, the child or young person will be isolated whilst still in the close proximity of a leader and required to leave via parent pick up. This will also apply to staff members.</p>

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<p>Precautions and guidelines for your user group</p>	<p>There is advice to ensure that participants of the NDIS that are in the high-risk sector to NOT participate in social and community activities. Currently Aussie Kids Adventure Camps has none of this class of persons engaged in the program. Due to the user group being children and youths with a disability there are concerns that likelihood of infection could be increased.</p> <p>Children have less restrictions than adults currently from NSW Health in regards to social distancing etc.</p> <p>Aussie Kids Adventure Camps will adhere to protocols that remind, prompt and support participants to practice hygiene and social distancing in line with NDIS and NSW Health recommendations to reduce the risk.</p>
<p>General hygiene protocols that will be implemented</p>	<p>Hygiene protocols for each activity and change of area are as follows: hand washing before and after activity; if handwashing facilities are not available utilising hand sanitiser.</p> <p>The use of face masks whilst travelling together on the bus.</p> <p>Social distancing from contractors and other members of the community.</p> <p>Contamination points will vary between activities. Aussie Kids Adventure Camps will require all providers of activities to provide a copy of their COVID-19 management plan.</p> <p>NSW Health and the NDIS have provided guidelines in regard to general hygiene protocols, copy of their signs will be placed around activities and campgrounds.</p>
<p>General principles of physical distancing and the key contact points</p>	<p>Key contact points of Activities:</p> <p>Due to the nature of working closely with children and other staff members; Aussie Kids Adventure Camp will ensure that staff place themselves at least 1.5mt from other staff. During group activities, such as craft, team games, sports, eating times, toileting</p>

	<p>there are key contact points that can occur between staff members and campers frequently.</p> <p>During transportation the staff will be situated in the bus at different points to ensure social distancing is maintained between adults & also wearing face masks.</p> <p>During drop off and pick up parents will not approach staff. All medication, bags etc will be given to children at their vehicle and one staff member will approach the family and help the child to the bus. Parents must maintain social distancing with staff at all times during the hand over. During all interactions with the children, staff maintain the highest hygiene levels with hand washing, hand sanitising, cleaning of equipment after use and reminding children of observing personal space.</p>
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Entry and exit distancing planning	<p>Participant drop-off and pick-up system: As stated above</p> <p>During drop off and pick up parents will not approach staff. All medication, bags etc will be given to children at their vehicle a designated staff member will accompany the child from the families vehicle to the Aussie Kids Adventure Camps bus. Parents must maintain social distancing with staff at all times during the hand over. Parents will be informed of the change with the paperwork confirming their child's attendance at camp.</p> <p>Each family will be allocated a different time for drop off; separated by 5 minutes to ensure that there is limited congestion around the vehicle and/or car park. It will be strongly advised for families to stay in their vehicles until it is their turn to approach the bus.</p> <p>The reverse will occur at pick up.</p> <p>Supervision will occur with staff member 1 on luggage, staff member 2 on medication and getting campers out of the vehicle, staff member 3 on the bus engaging the other campers whilst they wait their turn for departure.</p>
Non-participants and/or leader planning	<p>There are no non-participants that attend Catch-All or School holiday tour camps. Occasionally there are requests for a non-participant to watch part of the camps activities this will be refused through this pandemic period.</p>

	Leader planning will be directed through updated risk management plans to include Covid-19 restrictions.
Transport requirements	<p>Transport is required as part of the fundamental experience of both the Catch-All and School Holiday Tour camps.</p> <p>During travel time fresh air will be ventilated through the front two windows. Physical distancing will not occur between children of the same household.</p> <p>Staff members will be stationed at least 1.5mt apart from each other.</p> <p>Hands will be sanitised upon entry to the bus and face masks will be worn.</p> <p>The bus will be cleaned as per recommended guidelines from the Outdoor Council framework mid camp and after camp.</p>

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Use of the supporting infrastructure Such as amenities And Accessing Public Facilities	<p>Aussie Kids Adventure Camp utilises cabins & lodge-type accommodation. The accommodation utilised has self-catering and bathrooms as part of its structure. All infrastructure that is utilised will be cleaned before use e.g. bbq in parks, public toilets</p> <p>There is also shared toilets, change rooms and catering facilities available; during this period, they will not be accessed by campers or staff unless it's an emergency. Often Aussie Kids Adventure Camps utilises public facilities such as picnic tables, toilets, change rooms and parks. Some of the time it is crucial that we utilises these facilities due to the nature of being an outdoor adventure camp and exploring the outdoors away from the campgrounds.</p> <p>During this period Aussie Kids Adventure Camps will be trying to limit the usage of public facilities. Where this is unavoidable, antiseptic wipes will be utilised to wipe benches for food prep and eating. Antiseptic wipes will be utilised to clean public toilets if a camper requests or staff leaders feels that the area needs sanitising before campers and staff use it. Gloves and training will be provided to staff to ensure they are protected during this process.</p> <p>Public parks and other infrastructure that is utilised from time to time that is impossible to clean will have a wash and sanitise hands after we have finished using it.</p>

<p>Managing food and eating areas</p>	<p>Food service is part of the camping experience of an Aussie Kids Adventure Camp. NSW Food & Safety has stated that COVID-19 is not food borne and as such there are no extra regulations required around the preparation of food. All food will be provided to ensure no contamination of food.</p> <p>COVID-19 can be transferred on objects and as such food service will occur to the children sitting down at eating facilities. Children will not 'Self-serve' or share their food with other campers.</p> <p>There will be set mealtimes and staff will not eat with the children. Staff will have a staff room for meals to be eaten or if outdoors move themselves to an area away from the children.</p> <p>Each child is required to wash and wipe their dishes. Staff will then re-wash all the dishes to ensure of no contamination.</p>
<p>Accommodation/Camping requirements</p>	<p>On camp we will be utilising lodge and bunk rooms. Campers will be spaced out in rooms to ensure social distancing.</p> <p>There are historic risk assessments on accommodation utilised – this has been updated to include new COVID-19 requirements.</p> <p>To mitigate risk while using the accommodation, campers will only be able to enter their selected room. The windows will be left open to allow ventilation. They will not share blankets, pillows, linen etc.</p>

Particulars	Response
<p>Leader – supervision controls</p>	<p>Email, call or text leaders a week prior to shift on ability to work e.g. feeling safe, mental health & general health.</p> <p>Text leaders to ensure they have no flu symptoms the day before camp and to not attend if they do.</p> <p>Train leaders on cleaning protocols of equipment and food handling (if required).</p>
<p>Personal Protective Equipment (PPE)</p>	<p>Handwashing facilities and hand sanitiser will be provided and available at all activity points</p> <p>Gloves can be provided to staff or children if they request them for any activity.</p>

	<p>Kayaking & Canoeing: Life jackets, hat, sunscreen Craft: None required Team Games: Hat, sunscreen Sports: Hat, sunscreen Fishing: Hat, sunscreen Food Provision: Gloves, Mask & apron Medication dispense: Gloves & mask Cleaning of equipment: Gloves Cleaning of kitchen: Gloves and apron</p>
Activity Equipment	<p>Activity Equipment will be sanitised and cleaned before and after camp. If the equipment is utilised more than once on camp it will be cleaned during camp as well. The cleaning will follow the NSW Health Cleaning checklist.</p>
Access to medical facilities	<p>All leaders have first aid qualifications. First aid kits are located on the bus, in the bag that is taken on all activities and in leader's personal bags. We are within a quick response by emergency teams at campgrounds. The local hospitals and medical facilities are within a five to thirty-minute range.</p>
External provider coming into the activity location?	<p>External providers are utilised on their grounds and with their facilities. Aussie Kids Adventure Camps does not have external providers come onto campground locations.</p>
Readiness to reverse/amend plans	<p>If COVID-19 restrictions increase due to new waves of infection Aussie Kids Adventure Camps will cease to operate overnight camps until the restrictions ease. All campers will be given notification of cancellations and any monies refunded.</p>
Readiness to advance to the next level if restrictions ease	<p>If COVID-19 restrictions ease further, policies and procedures will be amended to reflect new changes.</p>