



## DISCOVERY *Adventures*

in a nurturing, safe, natural environment for children.

Thinking of a camp? The following information is an overview of the experience your child will have participating as one of our campers.

### Activities

Activities are programmed seasonally and to suit locations. They include swimming, hiking, fishing, surfing, horseback riding, stand-up paddle boarding, kayaking, mindful activities and creative crafts, fire building, group games, sports and team challenges, plus many other exciting activities that are relevant to locations and conditions.



### Locations

The Catch-All camps operate out of Port Macquarie/Taree, Coffs Harbour and Newcastle.

The School Holiday Tour camp has travelled to Tasmania, Adelaide, Queensland – North & Gold Coast and Perisher for the Snow season.

We select the ultimate location to fit our camp theme, giving the maximum experience for each group of children.

## Length of camp

Our school holiday tour camps are five days and four nights of fun filled adventure. We depart from Port Macquarie and can offer multiple pickups on the East coast of NSW.

The NDIS Approved 'Catch-All' Camps are a weekend camp operating from Port Macquarie/Taree, Coffs Harbour and Newcastle leaving on Saturday morning at 9.00am and returning Sunday afternoon at 3pm.

## Staff

We have a variety of female and male staff who all have extensive experience working with children. School teachers, social workers, youth workers, adventure guides and even a nurse. The camp leaders hold first aid accreditation and can administer medications. All staff have Working with Children checks and are currently employed in the child service industry. The staff are all fun gurus and experienced in behavioural



management and are trauma informed. Our highest priority is to ensure that your child is feeling safe and having a fabulous experience. The school holiday tour camp have a supervision ratio of 1:5 staff to children and the 'Catch-All' Camps have a more supported ratio of 1:3 (with prior arrangement 1:1 is available).



## Accommodation

Children stay in comfortable bunkhouses, lodges or in tents depending on program, location and season.

Male and female children are accommodated and bath roomed separately and comforted off to sleep if required. All staff will stay in an attached staff room or tent. Children will sometimes require a sleeping bag & pillow.

## Meals

The food is wholesome and nutritious. Pasta, vegetables, eggs, variety of meats, salads, cereals, fruit, bread/toast, healthy morning and afternoon tea snacks all make up the staples of camp food. Alternative meals are provided for medical conditions, religious beliefs and lifestyle choices such as vegetarians, gluten free or vegans, as practically possible. Please remember we are camping and simple food that is wholesome and nutritious is our aim.

## Behaviour

So that the camp environment is a fun and safe experience for everyone, we have rules in place for children to follow. These will be explained to your child on arrival at camp & attached to the confirmation letter upon booking. The culture we encourage is based around respect, inclusion and participation.

To reserve a place for your child on an upcoming camp please contact us now!

Phone: 0422 089 635

Email: [aussiekidsadventurecamps@gmail.com](mailto:aussiekidsadventurecamps@gmail.com)

**Tamara Griffiths** BA, BTeach (Hons) Dip Comm Serv

